





## Federation of Pinvin C of E First School and St Nicholas C of E Middle School

Main Street, Pinvin, Worcestershire WR10 2ER

Federation Head teacher: Mrs Sandra Jennings
Acting Deputy Headteachers: Mr James Hawthorn and Mrs Charlotte Goss

Together, we inspire, discover and achieve

## **PSHE Education at Pinvin Federation**

Dear Parents and Carers.

As a part of your child's education at The Pinvin Federation, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

At PFS and SNMS we follow Jigsaw 3-11 and Jigsaw 11-16 (for Year 7), which provides us with a comprehensive Programme for Primary and Secondary PSHE including the now statutory, Relationships, Sex and Health Education.

Alongside this letter you will find the 'Information for parent's sheet', which we hope will reassure you on the schemes approach towards the teaching of Relationships, Sex and Health Education (RSE) which will be being taught after the May half term break.

With a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, Jigsaw 3-11 and 11-16 helps us to deliver engaging and relevant PSHE within a whole-school approach. Jigsaw lessons also include a 'calm me' mindfulness time, allowing children to advance their emotional awareness, concentration and focus. Below is a link to the Jigsaw website where you can learn more about the approach:

https://www.jigsawpshe.com/primary-pshe-scheme-of-work-including-statutoryrelationships-and-health-education/

If you would like to find out more or discuss any concerns, please do not hesitate to contact us.

Kind regards,

Pinvin Federation

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www.pinvinfed.co.uk

The Pinvin Federation of Schools is part of The Diocese of Worcester Multi Academy Trust, which is a charitable company limited by guarantee and registered in England and Wales with registered number 10390487. Its registered office is at The Old Palace, Deansway, Worcester, Worcestershire, WR1 2JE.