

**The Pinvin CofE Federation of Schools  
Pinvin CofE First School  
and  
St Nicholas CofE Middle School**



As children of God, we are working together with warmth and the belief  
that everyone can be happy grow and flourish.

## **Anti–Bullying Policy**

**Updated following the publication of Behaviour in schools,  
advice for Headteachers and school staff – September 2022**

<b>Reviewed by</b>	<b>Approved by</b>	<b>Date of Approval</b>	<b>Version Approved</b>	<b>Next Review Date</b>
JH	LAB	January 2024		September 2027

## **Our Vision**

We are an inclusive Church School with a commitment to providing quality education that meets the needs of all. We want our children to be happy in learning and life; to grow in confidence as learners and flourish as young people. This is supported by our Christian values of Community, Peace, Joy, Respect, Wisdom and Peace.

## **Statement of Intent**

At the Pinvin Federation we are committed to providing a warm, caring and safe environment for all our children so that they can learn and play in a relaxed and secure environment. As stated in 'Valuing all God's children – 2019', schools should ensure that pupils have a sense of their own dignity and a vision of the innate dignity of all humankind. Inclusivity and hospitality should be hallmarks of Church of England schools: every child should be revered and respected as a member of a community where all are known and loved by God.

Bullying of any kind is unacceptable and will not be tolerated in our school. We take all incidents of bullying seriously. Bullying hurts. No-one deserves to be a victim of bullying. Everybody has the right to be treated with respect and pupils who are bullying others need to learn different ways of behaving. At the Pinvin Federation, we acknowledge that bullying does happen from time to time – indeed, it would be unrealistic to claim that it does not. When bullying does occur, everyone should be able to tell and know that incidents will be dealt with promptly and effectively in accordance with our Anti-Bullying Policy. We believe that we should value all God's children. We are a TELLING school. This means that anyone who knows that bullying is happening is expected to tell the staff.

## **Aims and Objectives**

All members of the school have a responsibility to recognise bullying when it occurs and take appropriate action in accordance with the school's policy. This will happen in the following ways:

- The school will meet the legal requirement for all schools / academies to have an Anti-Bullying Policy in place.
- The school will work closely with other professional agencies to ensure that children stay safe as stated in The Children Act 1989, The SEN and Disability Act 2001,) The Children Act 2004 and Keeping Children Safe in Education 2023; Part five: Child-on-child sexual violence and sexual harassment
- All governors / LAB members, teaching and non-teaching staff, pupils and parents/guardians will understand what bullying is.
- All pupils and parents/guardians will know what the school's policy is on bullying and what they can do if bullying occurs.
- All governors / LAB members, teaching and non-teaching staff will know what the school's policy is on bullying and will consistently and swiftly follow it when bullying is reported.

- Pupils and parents/guardians will be assured that they will be supported when bullying is reported.
- Whole-school initiatives (staff training, celebration assemblies etc) and proactive teaching strategies (PSHE [Personal, Social, Health Education] lessons, circle time etc) will be used throughout the school to reduce the opportunities for bullying to occur.
- A positive, caring ethos will be created within the school environment where everyone can work, play and express themselves, free from the fear of being bullied.

## Protected Characteristics

Our school community understands that it is against the law to discriminate someone because of:

- age
- disability
- gender reassignment
- marriage and civil partnership
- pregnancy and maternity
- religion or belief
- sex
- sexual orientation

We ensure these characteristics are built into our Anti-Bullying Policy.

## What Is Bullying?

The school has adopted the following collaborative definition of bullying which is our shared understanding of what bullying is:

**Bullying is any deliberate, hurtful, upsetting, frightening or threatening behaviour by an individual or a group towards other people. It is repeated over a period of time and it is very difficult for the victims to defend themselves (remember STOP – it happens Several Times on Purpose). Bullying is mean and results in worry, fear, pain and distress to the victim/s.**

### **Bullying can be:**

- Emotional - being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures), ridicule, humiliation
- Verbal - name-calling, sarcasm, spreading rumours, threats, teasing, making rude remarks, making fun of someone
- Physical - pushing, kicking, hitting, pinching, throwing stones, biting, spitting, punching or any other forms of violence, taking or hiding someone's things
- Sexual - unwanted physical contact or sexually abusive/ explicit/ suggestive comments
- Sexist - characterised by or showing prejudice, stereotyping, or discrimination, typically on the basis of sex

- Racist/ xenophobic - racial taunts, graffiti, gestures, making fun of culture related to race and prejudice linked to a victim being from a different country
- Homophobic - prejudice related to actual, or implied, sexuality
- Transphobic - prejudice related to gender
- Cyber/ online - any form of hate communication via their mobile phone, social media and the internet, e.g. setting up 'hate websites', sending offensive and abusive messages, trolling,
- Disablist - prejudice including any unfavourable or negative comments, gestures or actions made to someone relating to their disability or special educational needs.
- Religious/ related to faith - prejudice based on a faith or religion.

### **Bullying is not:**

It is important to understand that bullying is not the odd occasion of falling out with friends, name calling, arguments or when the occasional trick or joke is played on someone. It is bullying if it is done several times on purpose (STOP).

Children sometimes fall out or say things because they are upset. When occasional problems of this kind arise, it is not classed as bullying. It is an important part of children's development to learn how to deal with friendship breakdowns, the odd name calling or childish pranks. We all have to learn how to deal with these situations and develop social skills to repair relationships.

### **Where does bullying happen?**

It can happen anywhere – in the classroom, in the corridor, in the toilets, in the dining hall, in the playground. Bullying may also happen on the way to and from the school. In such cases, the Head is empowered by law to deal with such incidents but must do so in accordance with the Academy Trust's policy.

At the Pinvin Federation, we are concerned with our children's conduct and welfare outside as well as inside the school and we will do what we can to address any bullying issues that occur off the school's premises.

The following steps may be taken:

- Talk to the local Community Police Officer about problems on the streets
- Talk to the transport companies about bullying on school buses.
- Talk to the Head Teacher of other schools and academies whose children may be involved in bullying off the premises
- Discuss coping strategies with parents
- Talk to the children about how to handle or avoid bullying outside the school premises.

## Signs and Symptoms

A child may indicate, by different signs or behaviour, that he or she is being bullied. Adults should be aware of these possible signs and investigate further if a child:

- is frightened of walking to or from the school
- doesn't want to go on the school transport
- begs to be driven to school
- changes their usual routine/route to school
- begins truanting
- becomes withdrawn, anxious or lacking in confidence
- starts stuttering/ develops a stutter
- attempts or threatens suicide or runs away
- cries themselves to sleep at night or has nightmares
- feels ill in the morning
- begins to underperform in their work
- comes home with clothes torn or books damaged
- has possessions go "missing"
- asks for money or starts stealing money (to pay the bully)
- has dinner or other monies continually "lost"
- has unexplained cuts or bruises
- comes home starving (money/snack/sandwiches have been stolen)
- becomes aggressive, disruptive or unreasonable
- starts swearing or using aggressive language for no apparent reason
- is bullying other children or siblings
- stops eating
- is frightened to say what's wrong
- gives improbable excuses for any of the above

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be taken seriously and investigated as soon as possible.

### **Bullying of children with Special Educational Needs**

The Pinvin Federation is an inclusive school. We provide a secure, accepting, safe and stimulating environment where everyone is valued for who they are.

We have some children who have learning disabilities and/or communication difficulties. Everyone involved in the school is very aware that these children can be especially vulnerable to bullying and we are therefore particularly vigilant at all times.

High attainers, gifted or talented pupils can also be affected by bullying. Staff will treat this type of bullying as seriously and in the same way as any other type of bullying.

### **Procedures for reporting and responding to bullying incidents**

All staff will respond calmly and consistently to all allegations and incidents of bullying at the Pinvin Federation. They will be taken seriously by all staff and dealt with impartially and promptly. All those involved will have the opportunity to be heard. Staff will protect and support all children involved whilst allegations and incidents are investigated and resolved. The following step-by-step procedure will be used for reporting and responding to bullying allegations or incidents that any child reports:

1. Report all bullying allegations and incidents to staff. Children can report through 'I am worried'.
2. Staff will make sure the victim(s) is and feels safe.
3. Appropriate advice will be given to help the victim(s).
4. Staff will listen and speak to all children involved about the incident separately.
5. The problem will be identified and possible solutions suggested.
6. Staff will attempt to adopt a problem-solving approach which will move children on from them having to justify their behaviour.
7. Appropriate action will be taken quickly to end the bullying behaviour or threats of bullying.
8. Staff will reinforce to the bully that their behaviour is unacceptable and school consequences applied.
9. The bully (bullies) may be asked to genuinely apologise. Other consequences may take place and appropriate sanctions applied in accordance with behaviour procedures.
10. If possible, the pupils will be reconciled.
11. An attempt will be made, and support given, to help the bully (bullies) understand and change his/her/their behaviour.
12. In cases of serious bullying, the incidents will be recorded by staff on Safeguard.
13. In all serious cases parents will be informed and will be invited to come into school for a meeting to discuss the problem.
14. After the incident has been investigated and dealt with, each case will be monitored to ensure repeated bullying does not take place.
15. Bullying incidents will be discussed regularly at staff meetings.
16. The anti-bullying Governor / LAB member will present termly reports on serious bullying incidents to the Governors / LAB.
17. If necessary and appropriate, the DSL in school, Social Services or police will be consulted.

### **Strategies for the prevention and reduction of bullying**

Whole school initiatives and proactive teaching strategies will be used throughout the school to develop a positive learning environment with the aim of reducing the opportunities for bullying to occur. These can include:

- Involving the whole school community in writing and reviewing the policy
- Undertaking regular questionnaires and surveys to monitor the extent of bullying in the school and the effectiveness of the anti-bullying policy
- Producing a 'child speak' version of the policy for the children

- Each class agreeing on their own set of class rules
- Making national anti-bullying week a high-profile event each year
- Awareness raising through regular anti-bullying worship
- PSHE (Personal, Social & Health Education) scheme of work from Reception to Year 7 used to support this policy
- Circle time on bullying issues
- Setting up of a anti bullying ambassadors to support network where a small group of children volunteer to help and support an individual experiencing difficulty
- Children writing stories and poems and drawing pictures about bullying
- Children being read stories about bullying
- Using drama activities and role-plays to help children be more assertive and teach them strategies to help them deal with bullying situations
- Creation of an anti-bullying school notice board
- Prominently displaying anti-bullying posters produced by the children around the school
- Introducing playground improvements and initiatives
- Playleaders to promote positive team games on the playground
- Using praise and rewards to reinforce good behaviour
- Encouraging the whole school community to model appropriate behaviour towards one another
- Organising regular anti-bullying training for all staff

### **Monitoring and evaluation of the policy**

To ensure this policy is effective, it will be regularly monitored and evaluated.

Questionnaires completed by the whole school community, together with surveys, focus groups, incident recorded on Safeguard will be used to gauge the effectiveness of the policy.

Reviewed January 2024

## Appendix 1:

### Sources of further information, support and help

There is a vast amount of information and guidance available about bullying that can provide a wide range of support and help. The following list is just a small selection of the support available that teachers, parents and children have found useful.

Name of organisation Telephone number Website		
Act Against Bullying	0845 230 2560	<a href="#">Act Against Bullying. Leading UK Anti-Bullying Charity</a>
Advisory Centre for Education (ACE)	0207 704 3370	<a href="http://www.ace-ed.org.uk/">http://www.ace-ed.org.uk/</a>
Anti-bully	not available	<a href="https://www.anti-bully.co.uk/">https://www.anti-bully.co.uk/</a>
Anti-Bullying Alliance (ABA)	0207 843 1901	<a href="https://anti-bullyingalliance.org.uk/">https://anti-bullyingalliance.org.uk/</a>
Anti-bullying Network	0131 651 6103	<a href="#">respectme   Scotland's antibullying service</a> <a href="#">respectme</a>
Bullying Online	020 7378 1446	<a href="https://www.familylives.org.uk/">https://www.familylives.org.uk/</a>
BBC	not available	<a href="https://www.bbc.co.uk/">https://www.bbc.co.uk/</a>
Childline	0800 1111(helpline for children)	<a href="https://www.childline.org.uk/">https://www.childline.org.uk/</a>
Kidscape	020 7730 3300 (general enquiry) 08451 205 204 (helpline for adults)	<a href="https://www.kidscape.org.uk/">https://www.kidscape.org.uk/</a>



Beyond Bullying	not available	<a href="https://www.beyondbullying.com/">https://www.beyondbullying.com/</a>
Kooth	not available	<a href="https://www.kooth.com/">https://www.kooth.com/</a>
NSPCC	0207 825 2500	<a href="https://www.nspcc.org.uk/">https://www.nspcc.org.uk/</a>
Parentline Plus	0808 800 2222	<a href="https://www.familylives.org.uk/about/our-services/ppa">https://www.familylives.org.uk/about/our-services/ppa</a>
The Children's Legal Centre	0800 783 2187	<a href="https://www.childrenslegalcentre.com/">https://www.childrenslegalcentre.com/</a>
The Office of the Children's Commissioner	0844 800 9113	<a href="https://childrenscommissioner.gov.uk">Children's Commissioner for England (childrenscommissioner.gov.uk)</a>
UK Government Website	not available	<a href="https://www.gov.uk/">https://www.gov.uk/</a>